

Region V Behavioral Health Services – Resource Numbers

24-HOUR CRISIS LINES

Blue Valley Crisis Line (Rural Only).....	877-409-6600
Boys Town Hotline (National).....	800-448-3000
CenterPointe Crisis Response.....	402-475-6695
Child/Adult/Elder Abuse.....	800-652-1999
NE Family HELPLINE.....	888-866-8660
Voices of Hope.....	402-475-7273
Suicide Prevention Lifeline.....	800-273-TALK (8255)
Crisis Text Line.....	Text START to 741-741

24-HOUR WARM LINE/HOSPITAL DIVERSION HOUSE

Keya House.....	402-261-5959
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DETOXIFICATION SERVICES

The Bridge Behavioral Health.....	402-477-3951
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CONSUMER AND FAMILY EDUCATION ADVOCACY

Families Inspiring Families.....	402-441-4369
Mental Health Association of Nebraska.....	402-441-4371

MENTAL HEALTH AND/OR SUBSTANCE ABUSE TREATMENT

Associates in Counseling & Treatment (ACT).....	402-261-6667
Blue Valley Behavioral Health (Lincoln).....	402-261-4017
Blue Valley Behavioral Health (Rural Only).....	bvbh.net
CenterPointe Inc.....	402-475-5161
Child Guidance Center (Kids)	402-475-7666
Lincoln Medical Education Partnership.....	402-483-4581
Lutheran Family Services.....	402-441-7940
Mental Health Association of Nebraska.....	402-441-4371
OUR Homes.....	402-474-2121
PIER.....	402-560-9198
St. Monica's.....	402-441-3768
TASC.....	402-474-0419
The Bridge Behavioral Health.....	402-477-3951
Touchstone.....	402-474-4343

OTHER USEFUL NUMBERS

Local Outreach to Suicide Survivors Team.....	402-473-0536
Region V Systems (Behavioral Health).....	402-441-4343
Region V Systems (Family & Youth Investment - Kids)...	402-441-4343

PSYCHIATRIC HOSPITALS

Bryan Medical Center.....	402-481-1111
Mary Lanning (Hastings).....	402-463-5973
Richard Young (Kearney).....	308-865-2000